

GENOGRAM TERMINOLOGY

KEY CONNECTIONS

Conflict: The parties do not get along well. They are uncomfortable with each other, and there is tension (high or low) and nonverbal or open disagreement most of the time.

Close: Two people are caring, supportive, and loving to each other.

Enmeshed: This relationship is characterized by overinvolvement by the two people in each others' lives. They are very dependent upon each other, and neither has a clear, separate identity; they are not emotionally separate from each other. Sometimes referred to as "love-hate" relationship.

Distant: Emotional distance is evidenced by people who go out of their way to avoid or ignore each other. An indifferent attitude prevails.

Cutoff: A definite breach has occurred, and two people are estranged from each other. There is unresolved emotional attachment denied by separation, withdrawal, running away, isolation, or refuting the still intense connection. There may be no contact, but there is still a very strong tie to a person.